



SENIOR FALLS PREVENTION COALITION OF CLAY & PLATTE COUNTIES 2018 YEAR IN REVIEW

- ✚ 26 member organizations
- ✚ Monthly educational presentations
 - January: "Osteoporosis and Falls" with speaker Terry L. Rehder, PharmD, Coordinator and Instructor at Johnson County Community College
 - February: Presentation by Esteban Azevedo, PT, ScD, COMT with Modern Physical Therapy
 - March: "Platte & Clay Counties ER falls data" by Nkolika Obiesie, Program Manager, Epidemiology, and Priyanka Chandrashekar, Epidemiologist, Clay County Public Health Center
 - April: "How incontinence can increase the risk of falls" by Rebecca McDougal, Occupational Therapist, North Kansas City Hospital
 - May: "The Importance of Preventing Falls in the Home" by Maria Koch, KC Lift & Elevator
 - June: "Elder Abuse" by Kathy Greenlee, JD VP of Aging & Health Policy, Center for Practical Bioethics
 - August: "A New Lens for Professional Reasoning when Recommending Aging-in-Place or Relocation" by Julia Bacon, OTD, OTR/L, CAPS, SCEM
 - October: "Bone Health" by Brenda Fitzgerald, Nutrition and Wellness Coach at Green Acres Market
 - November: "KU Health Partners Driving & Mobility Services" by Amber Conn, Driving Rehabilitation Specialist (DRS), OT
 - December: "Exploring the Various ways Essential Oils Contribute to your Health" by Brenda Fitzgerald, Nutrition and Wellness Coach at Green Acres Market



✚ Special Events and Community Trainings

- Amy Vance and Maria Lindbergh gave 2 presentations to the Black Health Care Coalition.
- Tina Uridge presented to the Quality & Value Innovation Consortium.
- Chief Mike Desautels and Tina Uridge gave a webinar for the State Falls Prevention Coalition.
- Coalition participation in Falls Prevention Awareness Day event at Platte County Community Center South YMCA.
- Coalition participation in Aging Mastery Program as speakers on Falls Prevention and Exercise
- EMS Partnerships with:
 - Kearney Fire & Rescue Protection District
 - Gladstone Fire/EMS
 - Excelsior Springs Fire Department
 - Northland Regional Ambulance District
 - North Kansas City Fire Department
- Over 80 referrals from EMS have been followed up on and 5 presentations were made to senior groups.
- *A Matter of Balance* was widely circulated with classes held at NKC Hospital, Northland Shepherd's Center, Liberty Silver Center, The Gardens at NorthGate, Avondale UMC, and Kearney Firehouse. A coach training was also held for new MOB coaches.

Looking ahead...

- Continued outreach and awareness;
- Look at sponsorship opportunities;
- Build on partnerships with Clay and Platte County EMS departments;
- Increased participation in MO Show Me Falls Free State Coalition.