



# Senior Falls Prevention Coalition of Clay & Platte Counties

2024 – what a year!





# Our Members

Sara Albright, Shepherd Elder Law Group

Julie Allen, Village Home Health

Kathy Armitage, AV Yoga & Wellness

Shelly Breyfogle, Kearney Enrichment Council

Jody Brockman, North Kansas City Hospital

Missy Bull, Rebuilding Together Kansas City

Shanna Burns, Platte Co Administrator's Office

Celia Casolari, Platte County Senior Fund

Mike Desautels, Kearney Fire & Rescue

Patricia Engelage, The Medicare Whisperer

Michelle Ford, Kansas City YMCA

Tricia Friddell, Platte Senior Services

Jeff Fort, Kearney Fire & Rescue

Jessica Giacone, St. Luke's Hospital

Debbie Gwin, Platte County Senior Fund

Ashley Hanf, Right at Home

Scott Hickox, Rebuilding Together Kansas City

Vicki Hon, Clay County Senior Services

Kelly Hrisak, Kansas City YMCA

Victoria Jackson, MARC

Hailey Kellerstrass, Liberty Silver Center

Maria Koch, K C Lift and Elevator

Michelle Lane, NKC Hospital

Ashley Leach, Platte Co Administrator's Office

Donna Lewis, Platte Senior Services

Tane Lewis, MARC

Matthew Listertle, Kearney Fire & Rescue

Steve Malinowski, MALS Medical Equipment

# Our Members

Dave McGee, Gladstone Fire

Sara Noblet, Good Samaritan Center

Nancy Petersen, Ability KC

Rebecca Richardson, Platte County Health Dept

Katie, Riordan, Lifescape Law & Development

Andi Schiller, Good Samaritan Center

Sarah Srock, Platte County YMCA

Tina Swoger, Dept. of Health & Senior Services

Brigitte Thomas, Liberty Silver Center

Lori Unruh, North Kansas City Hospital

Tina Uridge, Clay County Senior Services

Amy Vance, AV Yoga & Wellness

Brian Willbond, Right at Home

Paula Zigmond, Clay County Senior Service



# So what does SFPC do?

**Play Falls Prevention Bingo! Educate and have fun!**

**Events were held at McCrite Plaza, YMCA Parkville, Benton House, and Wexford Place.**





# Coalition Members Learn About Community Resources

- ❖ “Simple & Affordable Solutions for Living Independently” and an Introduction to “Ask Samie,” Presenter: Dr. Brandy Archie, OT and Founder of *AccessAble Living*
- ❖ “Aging and Adult Services, Linking Older Adults to Community-based Services” Presenter: Melody Elston, Assistant Director of Aging and Adult Services, Mid-America Regional Council
- ❖ “Aging Priorities from a Funder Perspective,” Presented by Kelly Kent, Senior Program Officer-Older Adults, Mary & Stanley Smith Charitable Trust
- ❖ “Stop the Bleed,” Presented by Jessica Giacone, Trauma Outreach & Injury Prevention Coordinator at Saint Luke’s Hospital Kansas City; Lori Unruh, Trauma Outreach & Injury Prevention Coordinator at NKC Hospital
- ❖ “Elder Abuse and Neglect,” Presented by Sally King, LSCSW, LCSW, E-RYT

# Coalition Members Learn About Community Resources

- ❖ Medicare Updates Presented by Patricia Engelage, The Medicare Whisperer
- ❖ “Effect of Incontinence on Falls,” Presented by Kelsey Locke, Physical Therapist, DPT and Chloe Lozano, Occupational Therapist with North Kansas City Hospital
- ❖ Monthly Agency Spotlight from coalition members.



# Month of May happenings

- National EMS week – SFPC coalition members delivered treats to local EMS stations, thanking them for all the care they provide to older adults in the community. They also educated fire departments on falls prevention awareness.



# September – Falls Prevention Awareness

“Steady Your Stride” event at North Kansas City Hospital



# September events at senior centers

Smithville Senior Center



Kearney Senior Center

Northland Neighborhoods, Inc.



Weston Senior Collaborative

# Participation in Community Events

Members of the Coalition gave presentations for:

- ❖ Aging Mastery Program
- ❖ TOPS (Taking Off Pounds Sensibly)
- ❖ Saint Charles Church

*A Matter of Balance* classes were led by SFPC members:

- ❑ YMCA Parkville
- ❑ Smithville Senior Center
- ❑ North Kansas City Hospital

At the state level:

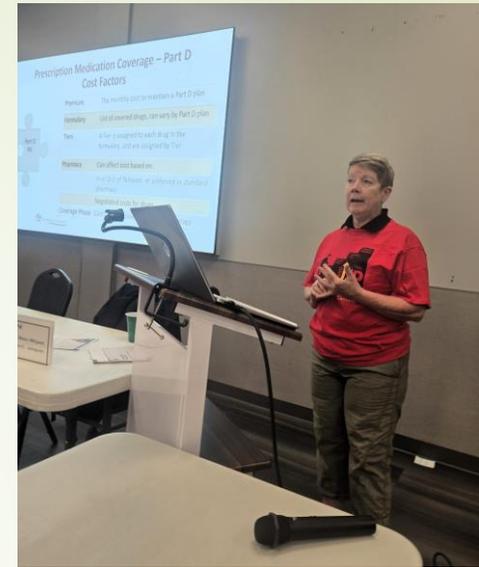
- Members participate in the **Missouri Council for Activity & Nutrition.**



# Resource Fairs in Platte & Clay Counties



# Members learn and have fun!



# What's ahead for the Coalition?

## Continue to focus on our 4 priorities:

- Events
- Community Awareness: Outreach & Education
- Partnerships
- Building Membership



May the holiday season  
bring you peace and happiness!  
See you in 2025!

